

Relief Acupuncture
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Patient Intake Form

Date: _____
Patient's Last Name _____ First Name _____
Birth Date _____ Sex _____ Marital Status _____
Address _____ City _____
Zip code _____ Tel:() _____ Email: _____
Emergency contact () _____ Name: _____ Relationship _____
Occupation _____ work phone:() _____
Weight _____ Height _____

What is your main problem? _____
How long do you have this problem? _____
Have you seen your doctor for this problem? _____
If yes, what was the diagnose? _____
Are you taking any Medication? _____
If yes, what is the name of medications? _____
Do you have any allergy to any medication _____

Please check any of following conditions applies to you:

- | | | |
|--|---|---|
| <input type="checkbox"/> Abdominal Pain/Cramp | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Allergy | <input type="checkbox"/> Cancer/Tumor | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Heart disease |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Difficulty walking | <input type="checkbox"/> Headache |
| <input type="checkbox"/> Abnormal menstruation | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Appetite changes | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Hearing loss |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Depression | <input type="checkbox"/> Hormonal misbalance |
| <input type="checkbox"/> Backache | <input type="checkbox"/> Dry skin | <input type="checkbox"/> HIV/AIDS |
| <input type="checkbox"/> Blurry Vision | <input type="checkbox"/> Dribbling urine | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Blocked Nose | <input type="checkbox"/> Dry eyes | <input type="checkbox"/> Infertility |
| <input type="checkbox"/> Breathing Problem | <input type="checkbox"/> Eye diseases | <input type="checkbox"/> Irregular menstruation |
| <input type="checkbox"/> Bad Breath | <input type="checkbox"/> Eczema | <input type="checkbox"/> Itching |
| <input type="checkbox"/> Belching | <input type="checkbox"/> Eye pain | <input type="checkbox"/> Indigestion |
| <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Joint pain |
| <input type="checkbox"/> Coughing | <input type="checkbox"/> Gastritis | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> Cramp in muscles | <input type="checkbox"/> Gas | <input type="checkbox"/> Leg pain |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Hernia | <input type="checkbox"/> Loose stool |

- | | |
|--|--|
| <input type="checkbox"/> lack of coordination | <input type="checkbox"/> Ringing in ear |
| <input type="checkbox"/> Lack of concentration | <input type="checkbox"/> Rashes |
| <input type="checkbox"/> Menstrual problems | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Migraine | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Stomach disease |
| <input type="checkbox"/> Night sweating | <input type="checkbox"/> Sinusitis |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Sleepiness |
| <input type="checkbox"/> Numbness of ----- | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Neck pain/stiffness | <input type="checkbox"/> Tremor |
| <input type="checkbox"/> Nose bleeding | <input type="checkbox"/> Urinary problems |
| <input type="checkbox"/> Nasal discharge | <input type="checkbox"/> Vertigo |
| <input type="checkbox"/> Overweight | <input type="checkbox"/> Vaginal discharge |
| <input type="checkbox"/> Paralysis | <input type="checkbox"/> Venereal disease |
| <input type="checkbox"/> Parkinson disease | <input type="checkbox"/> Weakness |
| <input type="checkbox"/> Poor Balance | <input type="checkbox"/> Other |
| <input type="checkbox"/> Poor memory | |
| <input type="checkbox"/> PMS | |
| <input type="checkbox"/> Panic attack | |
| <input type="checkbox"/> Prostate Enlargement | |

Did you have any surgery in the past? _____ what _____ when _____

If female, are you pregnant _____ if yes, for how many months _____

At what age you had your first menstruation _____

Have you ever miscarried _____ if yes, how many times _____

Are you doing any diets _____ if yes, why _____

The diseases in your family _____

Do you wearing pace maker _____

Do you have contagious disease _____

Have you ever had Acupuncture treatment in the past _____

Relief Acupuncture Consent for Acupuncture and Eastern Medicine

By signing below, I do hereby voluntarily consent to be treated with acupuncture and/or other methods from Eastern medicine such as Herbs, Moxa, Blood letting, Gua sha, Tui Na, Oils and Ointments, Cupping, TDP/infrared lamp, diet and etc, by Jenick Toomassian, licensed acupuncturist.

Acupuncture: insertion of sterile needle through the skin. I understand that it could cause minor bruising, minor bleeding, fainting, temporary pain or discomfort, broken needle, infection.

Moxibustion: using heat by burning of Ai ye herb. In some cases it could be used with salt, ginger or other substances. I understand that it may cause minor burn.

Cupping/Gua sha: it performs by using designed glass or plastic cups on the skin by causing vacuum. "Gua sha" is scrubbing of skin by a round blunt instrument. I understand that by doing cupping/Gua sha I will have bruises and minor pain for few days.

TDP/Infrared lamp heat: warming the body by using lamp. It is safe but rarely it can cause over heat and minor burning.

Blood letting: I understand that it will be performed by using lancets and cups to take a little blood. It may cause some bruises and local pain for few days.

Herbal Treatment: I understand that herbs will be prescribed from Chinese Materia Medica. I understand that some herbs side effect could include but not limited to cause allergy, Change in bowel movement, abdominal discomfort and etc. I am aware that if I decide to take the herbs I have to follow the direction of use and dosages.

I understand that I have the right to refuse some of the treatments offered by practitioner and it may effect on expecting results. I understand that I have the right to discontinue the treatment any time.

I read and understand all the possible risks and complications involved with treatment procedures and I give my permission and consent to the treatment.

Cancellation Policy: I understand that relief acupuncture requires 2-hours notice of cancellation, otherwise I may be charged for regular fee.

Authorization for release of information

I authorize my practitioner, Jenick Toomassian to contact my primary care physician and discuss about my health issues or request my health information.

I understand that prior to treatment I have to inform my practitioner about my health specific conditions like, **wearing pace maker or any other electronic device, severe bleeding disorder (Hemophilia) or any contagious disease.**

Patient name _____

Date _____

Patient signature _____

Signature of patient's legal guardian _____

Relationship _____